



CRI ALOUD | COMPANION WORKBOOK

What Exactly Are You Agreeing To?

A guided companion for discernment and reflection

Read the guide, reflect on your own record, and choose one faithful next step.

Source guide: What Exactly Are You Agreeing To? v1.3
Source materials prepared by Anthony A. Jones

Keep your writing private. Biblical study does not replace necessary qualified care.

Describe the invitation

Choose one real invitation or relationship you want to understand.

What was offered? What did you understand you were accepting? What is being asked of you next?

Which stage best describes the record now: contact, conversation, connection, belonging, commitment, ritual/practice, or identity/allegiance? Give the facts that support your answer.

The progression is a thinking aid. A relationship need not pass through every stage, and progression is not automatically harmful.

Meaning in this setting

Describe the gesture, greeting or interaction without assigning a hidden meaning.

Who took part, where, and for what stated purpose? What explanation did the participants give? What exact words or reliable documents support that explanation?

What did you observe directly? What is your interpretation? What remains unknown?

A handshake alone does not establish membership, an oath, covenant, occult involvement or spiritual transfer.

The campus grill: practice asking

Read the campus-grill scenario. List two moments that could simply be hospitality or friendship.

Where would you pause to ask for more information before a commitment? What evidence would distinguish ordinary recruitment from manipulation or coercion?

Draft three respectful questions about costs, promises, privacy, initiation or continuing duties.

If applying this to a family conversation, discuss without recording a child's identifying or sensitive information.

Map your actual involvement

For your chosen situation, distinguish exposure (I encountered it), participation (I took part), endorsement (I represented or supported it), and allegiance (I bound continuing loyalty or identity to it).

Which description fits, and why? Do not infer allegiance from exposure.

List the documents or exact words you reviewed. Identify requested payments, attendance, promises, confidentiality, representation, ceremonies and continuing obligations. Mark each unknown rather than guessing.

Study before concluding

Choose one actual promise or practice from your record. Read a relevant passage listed on guide page 13 in its surrounding context.

Passage and context:

What does the text teach?

How does it apply to the specific promise or practice?

What conclusion is supported, and what would go beyond the evidence?

What question should you take to a mature pastor or mentor?

A conversation and a boundary

Prepare a calm opening: What attracted you to this? What has been good? What does membership involve?

Write your own opening in a way that leaves room to listen.

What boundary, if any, do you need? State it without claiming to know another person's hidden motives.

Which response is warranted: continue, ask questions, decline, withdraw, confess your own wrongdoing, repair harm, or seek counsel? Explain how your response fits the facts.

Return to the record

Review your first answers after studying the guide. What can you now establish? What remains uncertain? What is one faithful, proportionate next step? Who can help you examine an unresolved question?

My next step:

When I will revisit it:

What I need to verify:

Keep your answers private. This workbook is for biblical education, reflection and discipleship. It does not diagnose a spiritual, medical or mental-health condition. Prayer and biblical study do not replace necessary qualified professional care. Mark uncertainty honestly; do not turn an unanswered question into an accusation.

FROM
DARKNESS
TO
TRUE
LIGHT

A SAFER
BRIGHTER
TOMORROW



*"Your word
is a lamp to my feet
and a light
to my path."*

PSALM 119:105

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